



Khulasande
sports development



FEBRUARY 2025 WAAINEK – ALICEDALE REPORT

Khulasande Wonder Kids Programme

Abstract

The Waainek Khulasande Wonder Kids Report provides an overview of recent achievements, training activities, and challenges faced within our programme.

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The Waainek Khulasande Wonder Kids Report provides an overview of recent achievements, training activities, and challenges faced within our program. The report highlights the outstanding performances of young athletes at the **Sarah Baartman District Primary and High School Championships**, showcasing their dedication and progress in track and field events.

Despite notable successes, the report also identifies key challenges, including athlete retention, inconsistent attendance, and socioeconomic barriers affecting participation. To sustain and expand the program's impact, further investment in training resources, equipment, and mentorship is necessary. This report aims to provide funders with a clear understanding of our progress, the obstacles we face, and the support required to continue fostering young athletes' development.

Sarah Baartman District Results:

1. Athletics Performance Highlights

Primary School Championships – Makhanda (07-02-2025)

Under-10 Boys

- **2nd Place:** Mgoqi Luphelele – 1200m (Time: 4:56.58)

Under-11 Boys

- **3rd Place:** Lackay Sakhele – 80m (Time: 11.84)

Under-13 Girls

- **3rd Place:** Baartman Emihle – 1500m (Time: 6:03.11)
- **3rd Place:** Baartman Emihle – 800m (Time: 2:53.90)

 *Baartman Emihle secured two bronze medals at the District Primary Schools Athletic Championships.*

Under-17 Boys

- **2nd Place:** Ngunguse Lathitha – 1500m (Time: 4:10.78)
- **2nd Place:** Ngunguse Lathitha – 400m (Time: 53.13) *Silver Medal*
- **2nd Place:** Ngunguse Lathitha – 800m (Time: 2:06.31) *Silver Medal*

Under-15 Girls

- **2nd Place:** Warrington Similanathi – 200m (Time: 29.05)

Under-19 Girls

- **1st Place:** Ngxwashula Khanyisa – 400m

Off to Komani! 🏆

- Huge congratulations to **Lathitha Ngunguse (U17, 400m, 800m & 1500m)** for qualifying to compete at the Eastern Cape High Schools' Championships in Komani on 14 & 15 March 2025!

These achievements highlight the growing potential of young athletes in our program. Continued investment in training, resources, and mentorship is essential for their future success.

3. Challenges Identified

- **Athlete Retention:** Some athletes did not return this year.
- **Inconsistent Attendance:** A few participants attend irregularly.
- **Punctuality Issues:** Some athletes arrive late for training sessions.
- **Socioeconomic Barriers:** Certain athletes skip practice due to a lack of appropriate training shoes.
- **Motivational Gaps:** Some beneficiaries require additional encouragement and engagement to stay committed to the program.

4. Summary of the minutes of the Bi-Annual Review Meeting held on **27 February 2025** in Makhandla which provided a comprehensive review of the **Khulasande Wonder Kids Programme – Waainek** since in inception in August 2024, evaluating its **progress, successes, challenges, and future direction.**

Key Discussion Points:

1. Programme Achievements:

- Three athletes successfully represented **Eastern Province Athletics** at the **Athletics South Africa National Sub-Youth Championships** in Bloemfontein.
- Increased participation in zonal school athletics competitions.
- Positive feedback from educators on the programme's impact on discipline and behavior among learners.

2. Challenges Identified:

- **Athlete Retention Issues** due to school transfers, impacting consistent participation.
- **Misuse of Training Kit**, with some athletes wearing team gear outside official team sessions.
- **Lack of Structured Training Plans**, resulting in uncoordinated coaching sessions and communication gaps among coaching staff.
- **Limited Access to Water** during training sessions, creating logistical difficulties.

3. Athlete Development & Training Adjustments:

- **34 athletes** are actively participating in the program across multiple age groups.

- A need for **structured and well-planned training schedules** to ensure proper athlete development.
 - Proposal to involve a **social worker and psychologist** to provide **mental health and motivational support** for athletes.
4. **Programme Sustainability & Funding Strategies:**
- Efforts are underway to **secure additional funding** through conferences and networking events.
 - Formation of a **local fundraising committee in Alicedale** to explore community-based financial support opportunities.
5. **Future Planning & Action Items:**
- A **new training hub** will be established in Makhanda to improve training consistency.
 - Implementation of a **fresh start for the programme in the next quarter**, ensuring better athlete tracking and development.
 - Flexible training schedules to accommodate **student-athletes' academic commitments**.

This meeting reinforced the **positive impact** of the Khulasande Wonder Kids Programme - Waainek while highlighting **critical areas for improvement**. Moving forward, the focus will be on **structured training, enhanced communication, securing funding, and improving athlete retention and welfare**.

5. Conclusion & Funding Justification

The Waainek Alicedale Athletics and Development Programme continues to nurture young athletes, providing them with structured training and competition opportunities. The success of our participants in district championships is a testament to the effectiveness of our programme. However, challenges such as athlete retention, access to resources, and motivational barriers will be addressed to ensure sustainable growth and long-term impact.

With the right support, we can continue to empower young athletes, fostering excellence in sports while promoting physical and mental well-being.

Gallery:

